

"All About Me" Pamphlet

The "All About Me" pamphlet is a great tool to help people understand your child, their condition, and how to help them to be as successful as possible in life! The pamphlet is generally built for a school setting, but it also is a great way to inform babysitters, coaches and family members about critical things that are very important to your child. Some people may be afraid to ask some of these fundamental questions about your child and their disorder, this pamphlet makes it simple to convey that information.

The PDF form is easy to fill out with many places to put custom information, including:

- **Contact information in case of an emergency.**

Parents' names, cell phone numbers, emails

- **Pictures of your child**

You have to show off how cute they are!

- **Information about their disorder.**

Try to keep it in simple terms so that anyone can understand. Give them reliable sources to learn more.

- **Frequently Asked Questions**

When you meet new people, they generally have similar questions. Save yourself time by answering them at once.

- **Tips for the classroom**

You will get lots of information from specialists and their assessments that needs to be included in your child's IEP.

This is a great spot to put the absolutely essential items that help your child the most.

The example has been pre-populated with general information for low vision.

- **Your child's strengths**

Absolutely need to reinforce the good things that your child does.

- **Your child's struggles and areas they will need extra support**

Everyone has struggles, with or without an IEP. Being aware of those will help reduce frustration for everyone.

Page 2 and 3 are designed as an example with suggestions of what may be helpful to include.

Page 3 and 4 are a fillable pdf to allow you to easily format and personalize it for your child.

**Remember to only print pages 3 and 4, front to back on one page. (You may need to print one page and reinsert into the printer to print page 4 on the opposite side.)

**We hope that you find this pamphlet as helpful as we have in our own lives. Please reach out to the Cobalamin Steering Committee at cbisc@hcunetworkamerica.org with any questions or suggestions!

ADDITIONAL INFORMATION




Cobalamin Disorder Resources







You can find more information and helpful resources through the HCU Network America website



MY FAMILY

 Mom
 XXX-XXX-XXXX
 123@email.com

 Dad
 XXX-XXX-XXXX
 123@email.com

 Sibling(s)

 Pet(s)



ALL ABOUT ME

NAME

Short Description of your child: likes, favorite people or activities

TIPS FOR THE CLASSROOM

- Use names whenever possible.
- Narrate what you are doing.
- Be specific when giving instruction / praise / correction.
- Allow for or promote tactile exploration.
- Allow for visual examination at 3-6 inches.
- Reduce visual clutter.
- Be mindful of contrast.
- Encourage CCTV use before/during/after an activity.
- Provide braille materials as often as possible.
- Use large font – an inch or greater – and bold the text.
- Allow for frequent bathroom breaks
- Don't be alarmed by small bruises or red marks on legs, arms, stomach and bottom. They are from his injections.

INFORMATION ABOUT MY DISORDER

I have a disorder called Cobalamin C (HCU and MMA)

Due to a genetic abnormality that I was born with, my body does not metabolize certain amino acids properly.

FREQUENTLY ASKED QUESTIONS

- Will I ever outgrow this disorder?
 - NO. This is a genetic condition that will require medical intervention for the rest of my life.
- How well can (Name of child) see?
 - Specifics...
- Can they play games and sports?
 - Absolutely! Need to be aware that it takes them longer to process data and there could be depth perception issues.



WHAT I AM GOOD AT:

- *Highlighting your child's strengths helps teachers and staff recognize them and focus on positive reinforcement*

WHAT I STRUGGLE WITH:

- *Summarizing your child's struggles allows teachers and staff to encourage growth in these areas and helps foster understanding and decrease frustration*

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MY FAMILY



ALL ABOUT ME



TIPS FOR THE CLASSROOM

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INFORMATION ABOUT MY DISORDER

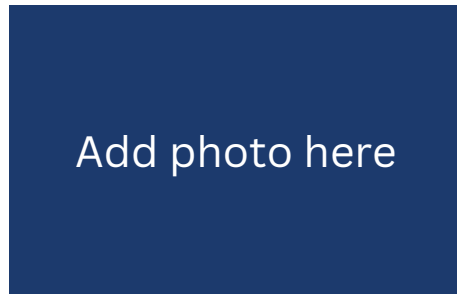
I have a disorder called

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FREQUENTLY ASKED QUESTIONS

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WHAT I AM GOOD AT:

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WHAT I STRUGGLE WITH:

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