

Breakfast Gravy

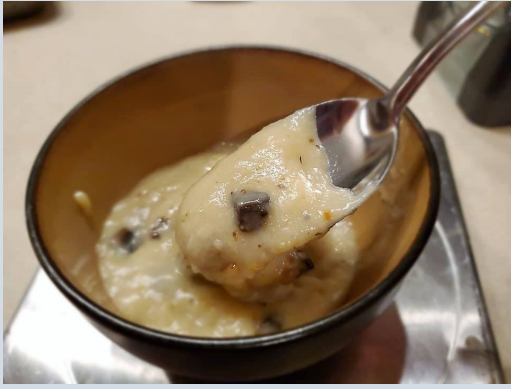
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Serves: Makes 3 servings

Serving Size: 42.6 g

Protein per serving: 0.4 g

Calories per serving: 42



Ingredients

- 1/2 c Rice milk
- 1/2 tsp Cambrooke Chicken-Flavored Consommé & Seasoning, dry
- 1 TBSP Cambrooke Sausage Patty Mix
- 1 tsp Butter
- 15 g Small diced white button mushrooms

Directions

1. In a one cup measuring cup add the rice milk, consommé powder, and sausage patty mix. Gently mix to combine and set aside.
2. In a small skillet over medium heat add the butter. Once melted, add the mushrooms and sauté for two minutes. Pour in the milk mixture. Cook over medium heat, continuously whisking until thickened. Remove from heat immediately as you do not want it to thicken too much. Season with salt and pepper if desired. Serve warm