

Low Protein School Lunch Program

Parents Guide



Join the Lunch Line!

At Cambrooke Foods we know first hand what you and your school-age child are experiencing. You prepare a cold low protein lunch each day and your child "brown bags" it -- while his or her peers line up for the "hot" school lunch.

Here's our plan to help your child have a delicious low protein lunch and finally "Join the Lunch Line."

Parents' Instructions

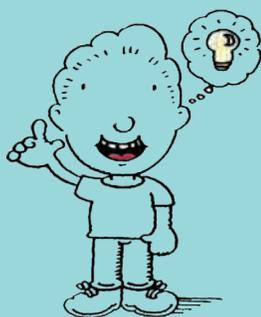
Schools require you to request special meals and to provide a medical authorization for your child's metabolic diet.

The following steps will guide you through the process:

- 1 Complete** the enclosed medical forms. (Note: Doctor's signature required.)
- 2 Deliver** the signed medical forms and the Cambrooke Foods' *Food Services Guide* to your school representative.
- 3 Provide** your school with the attached *Food Services Guide* (includes sample menus and recipes) and Cambrooke Foods' *Institutional Price List* and *Credit Application*.
- 4 Follow Up** with your school to ensure that your Cambrooke Foods (CBF) order has been placed. Schedule a "start" date for CBF low-protein lunches.



Helpful Hints



- *Get to know your Food Service Director and staff.*
- *Encourage them to contact you for questions.*
- *Limit the staff trained to prepare food for your child to one or two people.*
- *Ensure there is a good understanding of your child's special diet to avoid any mistakes in interpreting diet orders.*
- *More information about serving school lunches can be obtained through the USDA Report: Accommodating Children with Special Dietary Needs in School Nutrition Programs. Your school should have a copy on hand.*

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School Requirements for Accommodating Special Diets

Requirements for providing nutrition services to students with special needs are based on: The Rehabilitation Act of 1973, The Individuals with Disabilities Education Act (IDEA) of 1990, and the Americans with Disabilities Act of 1990.

Section 504 of the Rehabilitation Act of 1973 mandates that students with disabilities not be excluded from any program which receives Federal Financial Assistance.

Federal law further requires that schools make substitutions in foods for children considered to have a disability under 7 CFR, Part 15b.3 of the USDA's non-discrimination regulation and whose disability restricts their diet.

Section 15b.26(d) explains school requirements and specifies that the agency must serve special meals at no extra charge to students.



Proper nutrition during school hours is essential for all students. Too many school age children with metabolic disorders refuse to eat when they feel stigmatized. Parents report that young students receiving a Cambrooke Foods meal at school avoid binging on prohibited foods and have better energy throughout the day. All of us, parents, educators, and food companies, can play a part in keeping these students well fed.

TOGETHER We Can Make a Difference

Additional Enclosures



Eating and Feeding Evaluation and Information Card - A two page form that must be completed by the parent/guardian and signed by a physician.



Food Services Guide - A booklet containing sample menus, recipes, shopping list, and instructions for preparing low protein school lunches. Also included is useful information on Metabolic Disorders and ADA regulations.



Institutional Price List and Account Application - Cambrooke Foods' product list and account application to be provided to School Food Service Department. (This price list and application are for Institutions that are billed directly by Cambrooke Foods.)

EATING AND FEEDING EVALUATION: CHILDREN WITH SPECIAL NEEDS

PART A			
Student's Name		Age	
Name of School		Grade Level	Classroom
Does the child have a disability? If Yes, describe the major life activities affected by the disability.		Yes	No
Does the child have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a licensed physician.		Yes	No
If the child is not disabled, does the child have special nutritional or feeding needs? If Yes, complete Part B of this form and have it signed by a recognized medical authority.		Yes	No
If the child does not require special meals, the parent can sign at the bottom and return the form to the school food service.			
PART B			
List any dietary restrictions or special diet.			
List any allergies or food intolerances to avoid.			
List foods to be substituted.			
List foods that need the following change in texture. If all foods need to be prepared in this manner, indicate "All." Cut up or chopped into bite size pieces: Finely ground: Pureed:			
List any special equipment or utensils that are needed.			
Indicate any other comments about the child's eating or feeding patterns.			
Parent's Signature		Date:	
Physician or Medical Authority's Signature		Date:	

INFORMATION CARD

Student's Name	Teacher's Name
Special Diet or Dietary Restrictions	
Food Allergies or Intolerances	
Food Substitutions	
Foods Requiring Texture Modifications: Chopped: Finely Ground: Pureed or Blended:	
Other Diet Modifications:	
Feeding Techniques	
Supplemental Feedings	
Physician or Medical Authority: Name Telephone Fax	
Additional Contact: Name Telephone Fax	Additional Contact: Name Telephone Fax
School Food Service Representative/Person Completing Form: Title Signature	Date: